

NEWS RELEASE

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For Immediate Release

Contact: Melissa Propp, RN, nurse@swhealth.ne.gov or call 308-345-4223

Flu Shots Available at Southwest Nebraska Public Health Department

“Flu shots are now available at Southwest Nebraska Public Health Department (SWNPHD),” reports Melissa Propp, RN at SWNPHD. “We added a new vaccine this year for people who are allergic to eggs and this shot does not contain any preservatives.” If you have questions about flu vaccine, contact Melissa at 308-345-4223.

Clinics will be held at several locations to help you get your flu shot in a timely manner.

Following are scheduled clinics:

- October 6th & November 4th at Hayes Center Grade School from 4:00-5:00 pm
- October 13th & November 10th at Medicine Valley High School from 4:30-5:30 pm
- October 21st and November 18th at Hitchcock County High School from 3:30-4:30 pm
- You can get your shot at the McCook office, located at 404 West 10th Street, one block north of Arby’s, on a daily basis.

Please call to schedule appointments for any clinic at 308-345-4223. SWNPHD will bill your insurance for your flu shot or you can pay with cash the discount rate of \$25. Contact the SWNPHD office if you have any questions about billing your insurance.

Centers for Disease Control and Prevention (CDC) recommends that every person six months and older receive an annual flu vaccine. Vaccination is the best protection against and flu and from flu-related complications according to the CDC. It takes approximately two weeks to receive complete immunity from influenza after getting the vaccine.

Southwest Nebraska Public Health Department serves Chase, Dundy, Frontier, Furnas, Hayes, Hitchcock, Perkins and Red Willow counties. For more information call Melissa Propp, RN at 308-345-4223. SWNPHD is located at 404 West 10th Street, McCook – one block north of Arby’s. You can also follow us on [Facebook.com/swnphd](https://www.facebook.com/swnphd) and [Twitter@swpublichealth](https://twitter.com/swpublichealth).

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