

News Release

For Immediate Release

May 12, 2016

Contact: Melissa Propp, RN at 308-345-4223 or email nurse@swhealth.ne.gov

Travel Shots at Southwest Nebraska Public Health Department

Southwest Nebraska Public Health Department (SWNPHD) highly encourages residents when planning travel outside of the United States to review recommended shots and preventative actions by the Center for Disease Control and Prevention (CDC).

“SWNPHD offers several shots that can help travelers stay safe from diseases not common in the United States,” explains Melissa Propp, RN, SWNPHD Surveillance Nurse. “You can call me at 308-345-4223 or go directly to the CDC website to investigate the countries you will be in and health concerns of those areas at <http://wwwnc.cdc.gov/travel/destinations/list/> .”

Going on vacations, mission trips with churches, honeymoons and school group experiences are just a few of the reasons that you may be travelling outside of the United States. “Planning ahead is the best advice we have for those going abroad,” states Myra Stoney, SWNPHD Director.

As you prepare for your travel abroad, take a moment to plan and prepare. Following is a list of travel shots that are given by SWNPHD: Typhoid, Hepatitis A, Hepatitis B, Japanese Encephalitis, and Rabies. To schedule an appointment and arrange for your travel shots call Melissa Propp, RN at 308-345-4223 or email nurse@swhealth.ne.gov .

SWNPHD can give travel shots at their area clinics with a scheduled appointment. The upcoming clinic schedule:

- Tuesday, May 17th, 3:30-4:30 pm at Hitchcock County High School in Trenton
- Thursday, May 19th, 3:30-4:30 pm MT at Women’s Resource Center in Ogallala
- Monday, June 13th, 4:30-5:30 pm at Medicine Valley High School in Curtis
- Tuesday, June 14th, 3:30-4:30 pm MT at Women’s Resource Center in Ogallala
- Tuesday, August 2nd, 4:00-5:00 pm at Hayes Center Grade School in Hayes Center

Travel shots by appointment can be given daily at SWNPHD, located at 404 West 10th Street, McCook – one block north of Arby’s. Southwest Nebraska Public Health Department serves Chase, Dundy, Frontier, Furnas, Hayes, Hitchcock, Keith, Perkins and Red Willow counties. You can also follow SWNPHD on Facebook.com/swnphd and Twitter@swpublichealth.

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