

News Release

For Immediate Release

October 6, 2016

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Flu Shots Offered in Wauneta & Palisade

Southwest Nebraska Public Health Department (SWNPHD) will be offering influenza (flu) shots in Palisade and Wauneta during October. The clinics are scheduled for Wednesday, October 12th.

8:30 – 10:00 a.m. at Southwest Public Power District Fitness Center in Palisade

11:30 a.m. – 1:30 p.m. at Wauneta Senior Center (south entrance)

“This is a perfect time to get your flu shot before influenza (flu) starts spreading,” encourages Melissa Propp, SWNPHD Public Health Nurse. “It takes about two weeks to receive complete immunity from influenza after getting your shot. Everyone six months and older are welcome.”

SWNPHD can bill Medicare and numerous insurances, please bring your insurance card. The cash cost varies upon the type of flu shot: regular \$30, pediatric (6 month – 3 years) \$35, high dose (65 years & older) \$50 and egg free \$30.

Immunizations are one of the most effective and cost efficient ways to prevent disease. For every dollar spent on immunizations, it saves as much as \$29.00 in direct and indirect health costs.

More information on immunizations is available at www.swhealth.ne.gov and you can follow us on Facebook.com/swnphd and Twitter@swpublichealth. Southwest Nebraska Public Health Department serves Chase, Dundy, Frontier, Furnas, Hayes, Hitchcock, Keith, Perkins and Red Willow counties.

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