

## **News Release**

### ***For Immediate Release***

October 6, 2016

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## **Flu Shots Offered in Keith County**

Southwest Nebraska Public Health Department (SWNPHD) will be offering influenza (flu) shots in Paxton, Lemoyne and Ogallala during October. The clinics are scheduled for:

- Paxton Community Center from 9:30-11:30 a.m. on Friday, October 14<sup>th</sup>
- Lemoyne Senior Center from 10:00 – 11:30 a.m. on Thursday, October 20<sup>th</sup>
- Keith County Senior Center in Ogallala from 1:00 – 2:00 p.m. on Thursday, October 20<sup>th</sup>

“This is a perfect time to get your flu shot before influenza (flu) starts spreading,” encourages Melissa Propp, SWNPHD Public Health Nurse. “It takes about two weeks to receive complete immunity from influenza after getting your shot. Everyone six months and older are welcome.”

SWNPHD can bill Medicare and numerous insurances, please bring your insurance card. Immunizations are one of the most effective and cost efficient ways to prevent disease. For every dollar spent on immunizations, it saves as much as \$29.00 in direct and indirect health costs.

More information on immunizations is available at [www.swhealth.ne.gov](http://www.swhealth.ne.gov) and you can follow us on Facebook.com/swnphd and Twitter@swpublichealth. Southwest Nebraska Public Health Department serves Chase, Dundy, Frontier, Furnas, Hayes, Hitchcock, Keith, Perkins and Red Willow counties.

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